THE D3-Cr STUDY

Are you interested in lifestyle programs for successful aging?

UF Institute on Aging
UNIVERSITY of FLORIDA

UFHealth
UNIVERSITY OF FLORIDA HEALTH

352.273.5919 or toll-free 866.386.7730 | recruit@aging.ufl.edu
clinicaltrials.gov/ct2/show/study/NCT03573583
The **D3-Cr** study will evaluate a new method for measuring the amount of muscle in the body.

By participating in this study, you could be paving the way for improvements in treatments for older adults.

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**You may qualify for this study if:**

- You are 70 years of age or older.
- Have difficulty walking half a mile, climbing a flight of stairs and/or getting out of a chair.
- Are willing to remain in the study for a duration of 15 weeks.

**If eligible, you may receive:**

- Monetary compensation.
- Supervised strength exercises or education, plus stretching programs.
- Individualized report of your muscle mass, bone density and physical performance.
- Free, on-site parking.

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If interested, please call us at 352.273.5919 or toll-free 866.386.7730 to learn if you qualify for the D3-Cr study and to schedule a screening visit.

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