“Clock Is Ticking: Circadian Rhythms and Sleep/Wake Homeostasis in Healthy Aging”

Presented by

Andrew C. Liu, PhD

Tuesday, November 17, 2020
12:00 pm to 1:00 pm

ZOOM Registration:
https://ufl.zoom.us/meeting/register/tJcldemoqz8jG9UpLbs40BV_BB4sqWxyNAYi

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Learning Objectives: At the conclusion of this presentation, participants should be able to:

1. Describe how the circadian clocks work to regulate daily body rhythms
2. Recognize the molecular connections between circadian clock and aging physiology
3. Apply circadian concepts and strategies in healthy aging from bench to bedside

Dr. Liu has disclosed no relevant financial relationships. No one else in a position to control content has any financial relationship(s) to disclose.

CME Information

Accreditation: The University of Florida College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit: The University of Florida College of Medicine designates this live activity for a maximum of 1 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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